How to Find your Reading Glasses Strength?

Print the chart at actual size (A4) for accurate result

You simply need to look at the chart below and determine your reading glasses strength. Just follow a few simple steps:

- You need to take the test without wearing any glasses
- The chart should be around 14 to 16 inches away from you
- Start reading the chart from top
- If you can't read the first line, move to the next
- Continue until you reach a line which you can entirely read clearly
- The number beside the line which you can read clearly is the reading glasses strength that suits you the best

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If you can read this line clearly, your power is	+ 1.00
If you can read this line clearly, your power is	+ 1.25
If you can read this line clearly, your power is	+ 1.50
If you can read this line clearly, your power is	+ 1.75
If you can read this line clearly, your power is	+ 2.00
If you can read this line clearly, your power is	+ 2.25
If you can read this line clearly, your power is	+ 2.50
If you can read this line clearly, your power is	+ 2.75
If you can read this line clearly, your power is	+ 3.25